



# Adventure Rox Camps

## Equinox Adventure Learning

Adventure Rox Day Camps  
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## 2010 NEWSLETTER

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### Equinox Bits & Bites

Hello from all of us at Equinox! We hope that this finds you well and enjoying the sunny days of 2010.

After wrapping up a terrific 2009 season, we now turn our attention to planning for another successful season in 2010. Here are a few of the projects we are working on:

- **Ice Towers** - This year our ice towers are at Mount Sima. Ice Trekking and Ice Climbing is available to individuals from Thursday - Sunday and through

out the week for groups. As usual, Ice Climbing will be the focus of our March Break Camp this year. You can read more about the Ice Towers on our website: [www.equinox yukon.com](http://www.equinox yukon.com).

- **Construction Projects** - Chris is busy with a crew of talented staff building bouldering walls at both Yukon College and Teslin School. The walls are approximately 8 feet high by 40 feet wide. The challenge is to cross the wall from one side to the other using similar

hand holds that are found on our outdoor vertical climbing wall. They are a lot of fun!

- **Team Building Programs** - We've been busy this winter running team building programs for staff teams and other groups from across the Yukon. We facilitate acquaintance, trust building, and problem-solving activities using the ice towers, GPS programs and our large collection of adventure based games.

- **Camp Programs** - We will be running two weeks of March Break Camp again this year. Please see below for details. We will also be running a full summer of camp programs for 8-13 year olds as usual. Please see page 2 for more information.



### March Break Camps

We will be running our March Break Camps the weeks of March 8th -12th & March 15th - 19th for children aged 9-13.

Registration will begin on Monday, February 15th. Please phone us to hold a spot for your child(ren) and then print of the registration package from our website.

We are pleased to have Nadine Poirier again this year to lead the groups for both weeks of camp. Chris will again be heading up the ice climbing programs and we will also be joined by our new Program Facilitator Drew Sellen.

The focus of the camp is on Ice Climbing, and participants will be led through a progression of 5 lessons aimed at teaching them the skills and safety required for this unique sport.

(\*) There will be an overnight during the second week of camp on Thursday, March 18th. Campers will be building snow quinzhees at Mount Sima for an overnight campout.

Monday	Tuesday	Wednesday	Thursday (*)	Friday
"Ice" Breakers & Ice 101	Ice Climbing Lesson	Ice Climbing Lesson	Ice Climbing Lesson	Ice Climbing Lesson
Ice Hike & Trek	Snowshoe GPTeaming Quest	Campfire Cookout	Atlatl Golf Forest Adventure	Ice Fishing



## 2009 Staff Team



We are thrilled that most of our wonderful 2009 staff team will be returning this summer!

This summer will be Adventure Rox Camps seventh season! Each year we like to add a few new things, adapt a few old ones and of course, keep all the favourites. This years specialty camps for our older group, the "Adventure Leadership Program" (ALP) for campers 11-13 years will include -- "**Climb & Ride**" a camp focusing on rock climbing and horseback riding with the addition this year of working towards a Canadian Equestrian Federation Level 1 award, "**Climb & Bike**" held out by Copper Cliffs with access to the Trans Canada Trail and a nearby swimming hole, "**Fly Fishing Camp**" back by popular demand, a canoe trip guided by local Fly Fishing expert, George Bahm, and new this year a 5 day "**Wilderness Expedition**" held in August. Stay tuned for more details about this exciting adventure! During the other weeks of ALP, we will again run our

"**Climb & Paddle**" trips which involve rock climbing, canoe instruction and a 3 day river trip. Our younger group, "ROX" (Adventure Rox Day Camp) for campers 8-11, also have a line up of great programs to enjoy this summer. We will again offer 3 weeks of "**Climb & Ride**" - a week long camp which includes our usual rock climbing, zipline and canoeing instruction, with the addition of a 6 hour horse back riding lesson from a certified Hart 2 Hart Equine Learning Centre instructor. This program caters to both beginner riders to those with more experience and new for this year will be the opportunity to work towards a Canadian Equestrian Federation Award. Also new for this summer will be a "**Climb, Kayak & Fish**" camp which in addition to our regular weekly activities will include a day of flat water kayaking instruction and fishing on Chadburn Lake. ROX campers will also enjoy our new "Treasure Hunt Orienteering Course", new tasty treats for our campfire cooking program and much more!

## Feedback Form

Each year we draw a name from all of the returned feedback forms for a free week at camp. We do this as an incentive for families to return the forms as we really value all feedback / suggestions from parents and campers.

Congratulations to this year's winner:  
Felix Maltais!

Thanks for all your feedback everyone!



## Volunteer Opportunities

If you or someone you know is keen to volunteer with Equinox, please let us know! We have had many successful volunteer placements at both the climbing wall and ice towers for enthusiastic youth who weren't quite old enough to work for us and who wanted to gain climbing and instructional experience. Volunteers have the opportunity to gain experience in leadership, facilitation and program development. They are also invited to attend various staff training sessions and are encouraged to rock / ice climb before or after their shifts.



## Registration Dates

Registration for  
**2010 March Break Camp begins:**  
**Monday, February 15<sup>th</sup>**

Registration forms and information can be found on our website  
[www.equinox yukon.com](http://www.equinox yukon.com).

Registration for  
**2010 Summer Camps begin:**  
**Monday, April 12<sup>th</sup>**

As usual, we will offer a 10% early bird discount for summer registrations received with full payment between April 12<sup>th</sup> - 30<sup>th</sup>

Please remember to contact us to hold a spot for your camper **before** sending in registration forms. This ensures that there is still space available in the session you are applying for.